

# BOOT CAMP

by precision personal training

**\$10**  
per week

\* with the purchase  
of a package of six

**LOSE WEIGHT.  
BURN FAT.  
TONE MUSCLE  
GET IN SHAPE.  
AND  
MEET NEW PEOPLE**

**PRECISION**  
PERSONAL TRAINING

PACKAGES INCLUDE:  
6 TRAINING SESSIONS  
FULL BODY WORKOUT  
BOOT CAMP T-SHIRT  
DIET GUIDELINES

Shed Pounds  
FAST!  
Call Us Today  
305-270-7333

**PUSH  
YOUR  
LIMITS  
&  
REACH  
YOUR  
GOALS!**

**IT'S  
FUN!**

ALL  
AGES!

**IT'S  
HARD!**

**AND IT  
WORKS!**

Continental Park  
10000 SW 82nd Ave

Amadeus 5th Floor  
9250 NW 36th

Goulds Park  
91805 SW 114th Ave

St. Andrew Lutheran  
1955 N Krome Ave

Sat - 8:00am

Mon - 5:30pm

Mon - 6:00am

Tue - 5:30pm

Wed - 5:30pm

Tue - 6:00am

Thur - 5:30pm

Wed - 6:00am

[www.PrecisionPersonalTraining.com](http://www.PrecisionPersonalTraining.com)

MAKE YOUR RESERVATION BY  
WEBSITE: [WWW.PRECISIONPERSONALTRAINING.COM](http://WWW.PRECISIONPERSONALTRAINING.COM)

E-MAIL: [PRECISIONTRAINER@HOTMAIL.COM](mailto:PRECISIONTRAINER@HOTMAIL.COM)

OR FILLING OUT A REGISTRATION FORM AT THE FRONT DESK